



COWBOY RHYTHM

Choreographed by Jo Thompson, TN. UCWDC Worlds 5 competition dance. Cue sheet prepared by jg2 and approved by choreographer

Suggested Music: Cowboy Beat - Bellamy Brothers
Rock n Roll Angel - Kentucky Headhunters
Mirror Mirror - Diamond Rio
Hey Handsome - Holly Stannard Young
Daddy Laid the Blues on Me - Bobbie Cryner

STOMPS, TOE & FAN

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|---|---|--|
| 1 | 1 | Weight on Left. stomp Right (no weight) slightly forward of Left, toe pointing toward 10 o'clock |
| 2 | 2 | Keeping heel on floor, fan (point, tap) Right toe out to right side (toward 2 o'clock) |
| 3 | 3 | Keeping heel on floor, fan (point, tap) Right toe in to left (toward 10 o'clock) |
| 4 | 4 | Keeping heel on floor, fan (point, tap) Right toe out to right side (toward 2 o'clock, shifting weight to Right) |
| 5 | 5 | Stomp Left (no weight) slightly forward of Right, toe pointing toward 2 o'clock |
| 6 | 6 | Keeping heel on floor, fan (point, tap) Left toe out to left side (toward 10 o'clock) |
| 7 | 7 | Keeping heel on floor, fan (point, tap) Left toe in to right (toward 2 o'clock) |
| 8 | 8 | Keeping heel on floor, fan (point, tap) Left toe out to left side (toward 10 o'clock, shifting weight to Left) |

STOMPS, HOOK & SLAP, HIP BUMPS with Claps

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|----|---|--|
| 9 | 1 | Stomp Right (weight) out to right side |
| 10 | 2 | Stomp Left (weight) out to left side |
| 11 | 3 | Hook (cross) Right behind Left, slapping with left hand |
| 12 | 4 | Step Right to right side |
| 13 | 5 | Hook (cross) Left behind Right, slapping with right hand |
| 14 | 6 | Step Left to left side |
| 15 | 7 | Shifting weight to Right, bump hips right & Clap |
| 16 | 8 | Shifting weight to Left, bump hips left & Clap |

SIDE STEP SLIDE, HEEL SPLITS with Finger Snaps

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|----|---|--|
| 17 | 1 | Step on Right heel to right side |
| 18 | 2 | Slide step Left to beside Right, stepping down on ball of Right |
| 19 | 3 | Feet together, on balls of both feet, fan (spread) heels out, snapping fingers |
| 20 | 4 | Bring heels together, snapping fingers |
| 21 | 5 | Step on Left heel to left side |
| 22 | 6 | Slide step Right to beside Left, stepping down on ball of Left |
| 23 | 7 | Feet together, on balls of both feet, fan (spread) heels out, snapping fingers |
| 24 | 8 | Bring heels back together, snapping fingers |

COWBOY RHYTHM (continued)

STEP BACK with Claps

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|----|---|---|
| 25 | 1 | Turning body to face 45 degrees right, step back on Right |
| 26 | 2 | Hold, clapping hands |
| 27 | 3 | Turning body to face 45 degrees left, step back on Left |
| 28 | 4 | Hold, clapping hands |
| 29 | 5 | Turning body to face 45 degrees right, step back on Right |
| 30 | 6 | Hold, clapping hands |
| 31 | 7 | Turning body to face 45 degrees left, step back on Left |
| 32 | 8 | Hold, clapping hands |

RIGHT VINE with Hand Movements, Clap & Snap

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|----|---|---|
| 33 | 1 | Facing forward, brush hands down (front to back) on outside of thighs, stepping Right to right side |
| 34 | 2 | Brush hands up (back to front) on outside of both thighs, cross stepping Left behind Right |
| 35 | 3 | Step Right to right side, clapping hands |
| 36 | 4 | Hitch (lift) Left knee, snapping fingers |

LEFT VINE with Hand Movements, Clap & Snap

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|----|---|---|
| 37 | 5 | Facing forward, brush hands down (front to back) on outside of thighs, stepping Left to left side |
| 38 | 6 | Brush hands up (back to front) on outside of both thighs, cross stepping Right behind Left |
| 39 | 7 | Step Left to left side, clapping hands |
| 40 | 8 | Hitch (lift) Right beside Left, snapping fingers |

FORWARD STEP & SCUFF, 1/4 TURN

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|----|---|---|
| 41 | 1 | Step forward on Right |
| 42 | 2 | Scuff Left heel forward |
| 43 | 3 | Step forward on Left |
| 44 | 4 | Scuff Right heel forward |
| 45 | 5 | Step forward on Right |
| 46 | 6 | Scuff Left heel forward |
| 47 | 7 | Step forward on Left |
| 48 | 8 | On ball of Left, making 1/4 turn left (9 o'clock), scuff Right heel forward |

Begin Again

Jo choreographed the 1st 8 steps as follows:

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|---|---|--|
| 1 | 1 | Touch Right toe forward of Left, Right knee pointing toward Left (in) |
| 2 | 2 | Touch Right heel forward of Left, Right knee pointing toward Right (out) |
| 3 | 3 | Touch Right toe forward of Left, Right knee pointing toward Left (in) |
| 4 | 4 | Step Right beside Left |
| 5 | 5 | Touch Left toe forward of Right, Left knee pointing toward Right (in) |
| 6 | 6 | Touch Left heel forward of Right, Left knee pointing toward Left (out) |
| 7 | 7 | Touch Left toe forward of Right, Left knee pointing toward Right (in) |
| 8 | 8 | Step Left beside Right |